PISCATAQUA SAILING ASSOCIATION
2026 PHRF TUESDAY EVENING SAILING INSTRUCTIONS
May 26 to September 8, 2026

Rules: The Series will be governed by the rules, as defined in 2025-2028, "The Racing Rules of Sailing", (RRS), and their Prescriptions, PHRF "Bylaws & Ethics", PHRF New England as well as these Sailing Instructions.

RRS 52, Manual Power, Use of powered winches will be allowed. Auto pilots or Auto helms are not allowed.

RRS 44.1, Taking a Penalty, Two turn penalty is altered to a one turn penalty for an infraction of RRS Part 2.

Entries: PSA PHRF Tuesday Evening Series is open to current members of the Piscataqua Sailing Association (PSA). A current member is defined as one who has registered a yacht with the PHRF fleet and whose yacht has been assigned a PHRF fleet with all applicable PSA fees paid. A PHRF yacht will not be scored until fees are paid. Current PHRF Certificates are required and need to be on file with PSA for the yacht to be scored.

Insurance: All PHRF Racing or Cruising Fleets yachts must provide proof of liability insurance, at a minimum of $300,000 and present such proof to fleet captains prior to the yacht's first race in order to participate.

Changes to the Notice of Race and Sailing Instructions: Any change to the Notice of Race and Sailing Instructions will be made either by email to the Skipper of each registered yacht by Friday the week prior, or through hails made on VHF Channel 68 prior to the first Warning Signal the day of the race.

Fleet, Class & Class Flags: First Start Class Flag shall be signal flag F, Foxtrot. Second Start Class Flag shall be signal flag D, Delta. For subsequent starts, the Class Flag will rotate back to Foxtrot, then to Delta, etc.

Racing Fleet:
CLASS A PHRF Racing <100, CLASS B PHRF Racing >=100 and <=160, CLASS C PHRF Racing >160

Cruising Fleet:
PHRF Cruising, Main and Jib only

Check in Before Start. Yachts check in by sailing past Race Committee prior to their warning signal. Boats that withdraw from a race or decide not to start after coming into the racing area, must so advise Race Committee as soon as reasonably possible on VHF Channel 68.

The Start.
The first start may be for the Racing Fleet Class A, or Racing A & B. Second start will be Racing Fleet Class C and the Cruising Fleet, and may Include Racing B.

Classes may be separated or started together at RC discretion when fleet size and/or conditions warrant. Yachts shall listen to VHF 68 for Starting Changes.

Actual Class Starts will be announced with Course announcements on VHF Channel 68. Rolling Starts are used. A General Recall will move the recalled fleet to start at the end of all the later starting fleets.

The starting line will be between the orange post on the Race Committee Boat on the starboard end of the line and the orange mark on the port end of the line.

Tuesday Evening Series: Tuesday May 26, through Tuesday, Jul 28, 2026; First Warning Signal will be 1800.

Starting Tuesday August 11: First signal/first race will be 1730 for the remainder of the series. Last Series Race – Tuesday, September 8, 2026

Yachts whose preparatory signal has not been made shall remain well clear of the starting area and of all yachts whose preparatory signal has been made.

The Race Committee may deploy a small orange inflatable buoy at a distance of eight to ten feet from the transom of the committee boat, the purpose of which will be to keep starting yachts well clear of the Committee Boat. Such a buoy and its painter, if deployed, will be deemed to be an extension of the Race Committee Boat.

A yacht starting later than 10 minutes after her starting signal will be scored Did Not Start.

Courses utilizing inflatable marks are shown in Illustration A. Each course is assigned an identifying numeral and all mark roundings are to port as shown in each diagram.

The Course: Courses are announced by RC on VHF Channel 68 prior to the first warning.

Note: Class Courses will usually be different.

Course #1 - Racing A's course is generally a longer windward/leeward while Racing B, C, and/or Cruising's windward/leeward course may be comprised of a shorter windward/leeward leg.

Course #2 - The triangle, windward/leeward course with a reaching mark may be used for either fleet incorporating their specific windward mark. This course may include a windward/leeward finish as per an Olympic Course. Details by RC on VHF Channel 68

See Addendum A for course diagrams. Courses generally use inflatable marks, however, government aids to navigation may be used if needed.

Courses run "twice around" may utilize a different weather mark than the first time around.

Example: Course 1 Twice, first the far weather mark, second the close weather mark
Courses announced on VHF Channel 68 prior to that start's Warning Signal.

Recalls: Individual and General Recalls will be in accordance with RRS 29.1 and RRS 29.2. Race Committee will try to hail Individual premature starters. Race Committee will endeavor to broadcast OCS Yacht(s) name and/or sail numbers.

The following shall not be grounds for redress: (a) failure of a boat to receive the recall broadcast (b) failure of the Race Committee to broadcast recall numbers (c) a boat's position in the sequence of broadcast numbers.

Change of Course after the Start: A change of cou:se after the start will be signaled on VHF channel 68 - this changes RRS 32, 33, 34 - before the leading yacht has begun the leg, although the new mark may not be in position. Any mark to be rounded may be relocated to maintain the original course configuration, after all the yachts on that leg have completed it.

Abandonment or Shorten Course: Race Committee may abandon the race or shorten course for any reason.

The Finish: The finish line will be between the orange post on the Race Committee signal boat and the nearby mark.

Time Limit: If any yacht in her class has finished within two hours of her starting time and/or before 2030 hours, the race will be counted for that entire class. Yachts failing to finish within 30 minutes after the first yacht in their class or within the time limit, whichever is later, will be scored Did Not Finish.

Cancellation: Under normal circumstances a race will not be canceled before 30 minutes before the starting sequence. Extreme weather and unsafe conditions would be considered an abnormal circumstance.

Protests: Protests will be in accordance with RRS 60 except as follows:

Yachts intending to protest will, after finishing or retiring, notify Race Committee via VHF Channel 68 of their intentions and name and/or sail number of the protested boat. A boat that has retired may notify Race Committee ashore if unable to do so on the water.

RRS 60.3 is amended as follows:

Protests shall be delivered to the Fleet Captain or their authorized representative (referred to as Fleet Captain) by 2200 the evening of the race. Electronic mail is acceptable.

Upon receipt of a written protest, the Fleet Captain shall contact the parties to schedule an arbitration meeting.

Scoring: The Low Point Scoring System, RRS A2 & A4 will apply, except as modified herein. PHRF yachts will be scored using Time on Distance, TOD, as prescribed in the New England PHRF guidelines. A race will only be started and scored for a class or division in which two (2) or more boats start.

Standings for each fleet/class will be calculated based on results from 60% + 1 of the total races sailed to date. If more than 2 races are held on a single day, only the first two will be counted. Boats that do not qualify will be removed from the overall standing so as to have no effect on seasonal results.

Trophies will be presented at the end of the season:
Class of 3 boats completing 60% of the races – 1st Place Award
Class of 4 boats completing 60% of the races – 1st & 2nd Place Awards
Class of 5 boats or more completing 60% of the races – 1st, 2nd, & 3rd Place Awards.

Radio Communication and Emergency Conditions: The Race Committee will utilize VHF Channel 68 for communications with competing yachts for race information, change of course, etc. Failure to do so shall not be grounds for redress. Yachts shall monitor VHF Channel 68.

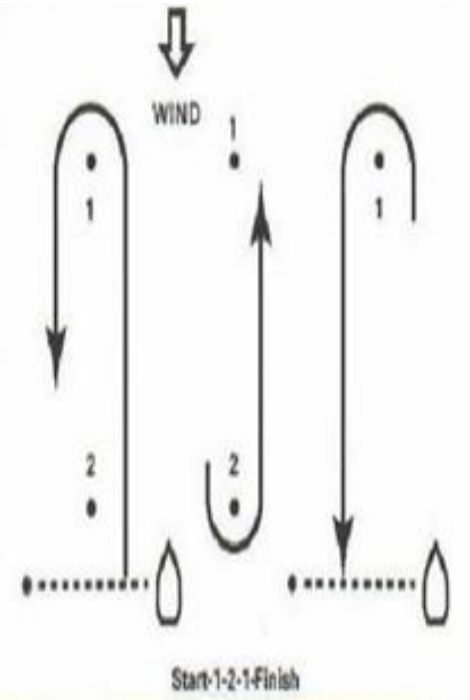
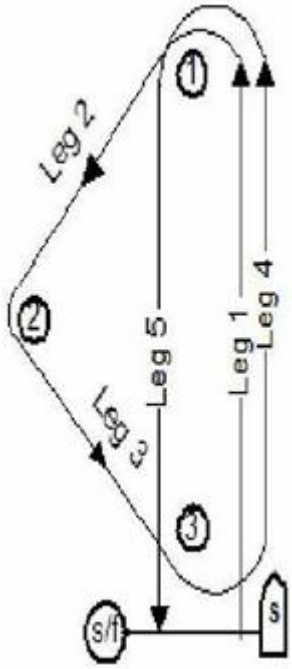
Fair Sailing and Seamanship: The PSA Racing Series is conducted in the spirit of fair sailing, good seamanship, and Corinthian sportsmanship. Skippers, owners, crew, and support persons are expected to race competitively while respecting fellow competitors, the Race Committee, and the safety of all vessels on the water.

Competitors shall make reasonable efforts to avoid contact, communicate clearly and courteously, take appropriate penalties when required, and assist any person or vessel in danger. Reckless sailing, abusive conduct, intimidation, intentional rule-breaking, or conduct inconsistent with fair play may be addressed under the Racing Rules of Sailing, including RRS 2 and RRS 69. This provision does not change the Racing Rules of Sailing.

Results. Will be posted on the www.sailpsa.org

Addendum A

Course 1 – Windward / Leeward Around



Course 2 - Windward / Reach / ReachTwice Windward / Leeward